

# HEALTH COMPLAINT FORM

SCHOOL: \_\_\_\_\_  
NAME: \_\_\_\_\_ CLASS: \_\_\_\_\_ DATE: \_\_\_\_\_

1. What symptoms did you experience today?

headache	dry, itchy eyes	inability to concentrate
nausea	sore throat	dizziness
runny nose	tiredness, sleepiness	difficulty breathing
rash or hives	other (describe below)	

2. At what time did these symptoms appear? \_\_\_\_\_

3. In what location did these symptoms appear? \_\_\_\_\_

4. Did these symptoms remain for the rest of the day?  yes  no  
If not, when did they disappear? \_\_\_\_\_

5. Can you explain what might have caused these symptoms?  
(Example: cold, flu, someone wearing perfume, etc.)

6. Were these symptoms severe enough to send you home for the rest of the day?  
 yes  no

7. Did you have to take medication to help you?  yes  no

8. Have you ever experienced this symptom before in this building?  yes  no  
If yes, how often? \_\_\_\_\_ comments: \_\_\_\_\_

9. Did you smell any odor when your symptoms started?  yes  no. If yes, describe the odor.

Additional comments:

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## References:

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Indoor Air Quality Tools for Schools Action Kit. (1995). US EPA, Washington, DC.  
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