

Guide to Less Toxic Products

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[Environmental Health Association of Nova Scotia \(EHANS\)](#)

This Guide to Less Toxic Products by the Environmental Health Association of Nova Scotia is a leader in North America in helping the public choose less toxic alternatives for personal care products, pest control, cleaning materials, baby care products and much more.

The Guide divides products into three categories: Best, Good, and Simply Unscented and gives information on ingredients to avoid.

The purpose is to provide consumers with accurate information for reducing unnecessary chemical exposure and for reducing toxic chemicals in the environment.

The Guide is endorsed by David Suzuki and by the Sierra Club of Canada

It is available on line at **www.lesstoxicguide.ca**

Also visit EHANS' main web site at **www.environmentalhealth.ca**

EHANS became a registered society in 1985, after being active since the late 1970's. EHANS publishes the UPdate magazine twice yearly. EHANS' web site contains extensive information on environment and health, including back issues of UPdate articles.

Also useful for product information are the **[HIP Product Guides](#)**.